



Healthy Births Learning Collaboratives Service Planning Area 5

West



SPA 5 HBLC Priorities

- **Nutrition**
- **Mental Health/Support Services**

SPA 5 HBLC Desired Results and Actions

Desired Results

- **Increase mental health screening before, during and after pregnancy**

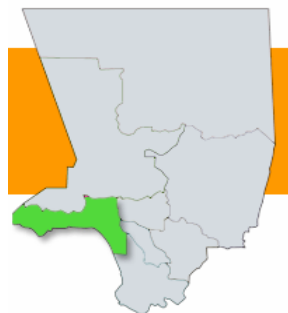
Actions

- Partner with local businesses to provide educational and informational materials
- Educate employers about pregnancy outcomes, leaves of absence, stress, depression, etc.
- Work with DHS to develop and implement an orientation program for pregnant women
- Coordinate efforts among existing agencies that provide mental health and support services to additional women
- Involve non-traditional service providers (schools, faith-based organizations, etc) to screen, refer and support women who may have unmet mental health needs
- Develop and implement community-based support groups for new mothers

SPA 5 Perinatal Health Indicators

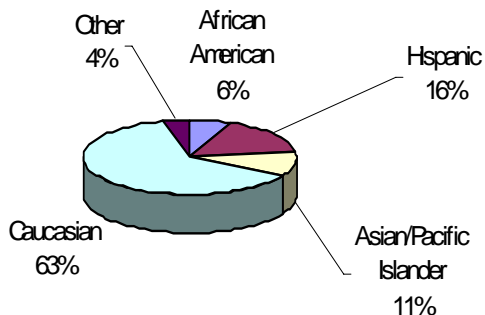
SPA 5 West Facts-2002

Number of Live Births	6,655
Percentage of Medi-Cal Births	19 %
Infant Mortality Rate ¹ (per 1,000 live births)	3.6
Low Birth Weight ¹	6.7 %
Preterm Birth ¹	8.9 %
1 st Trimester Prenatal Care	91.9 %
Teen Births ^{1,2}	8.6
(per 1,000 teen females age 15-19 yrs)	
Repeat Teen Births ¹	1.5
(per 1,000 teen females age 15-19 yrs)	



1 Selected Perinatal Health Indicators Los Angeles County, 2002. LADHS MCAH
2 Teenagers in the United States: Sexual Activity, Contraceptive Use, and Childbearing, 2002. USDHS CDC Vital and Health Statistics. <http://www.cdc.gov/nchs/data>

SPA 5 West HBLC Community



Total Population: 613,191

Age:

- 0 to 5 yrs – 5.8 %
- 6 to 9 yrs – 3.9 %
- 10 to 14 yrs – 4.4 %
- 15 to 17 yrs – 2.5 %
- 18 to 24 yrs – 11.0 %
- 25 to 34 yrs – 19.5 %
- 35 yrs and over – 52.9 %



SPA 5 Perinatal Facts

Between 1996 and 2002:

- The number of infant deaths in SPA 5 is lowest among all the SPAs and meets the Healthy People 2010 goal of 4.5 deaths per 1,000 live births.
- While 4.4% of all LA County births occur in SPA 5, only 2.9% of all infant deaths in LA County occur in SPA 5.
- In SPA 5 infant mortality decreased by 25%.
- Infant mortality among White families decreased by 34%, but increased 14.3% among Hispanic families. Few infant deaths occur among other racial/ethnic groups.
- In SPA 5 infant mortality among Hispanic families is 2.6 times higher than among White families.

Infant Mortality per 1,000 Live Births by Race/Ethnicity, West (SPA5) 1996-2002

