



# Healthy Births Learning Collaboratives Service Planning Area 1 – Antelope Valley AV Network for Healthy Families



## Our Mission

The AV Network for Healthy Families, a Healthy Births Learning Collaborative, promotes a holistic approach to quality care and family wellness through education, advocacy and community involvement.

## Our Vision

All families in the Antelope Valley will flourish in a nurturing environment.

## AV Network for Healthy Families Priorities

- **Access** to and quality of prenatal care
- **Community Education** about pregnancy and parenting
- **Advocacy**

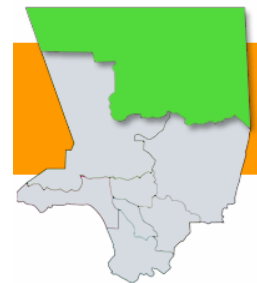
## Participants

LA County CHDP, AVHC PN Clinic, MENFOLK, PHSD Parent, AV NMC, AVPH, Shining-Light Worship Center, BIH-AV, Children's Center, AV Healthy Homes, LAC/DHS SPA 1 and 2, FRC/CCAV, UCLA School of Nursing, AV Children's Planning Council, Spa 1-Family Dynamics, PSDHO Public Health, LA CO DHS/MCAH/CPSP UNIT, DCFS, El Nido, PSHD/Community Rep., COPE, CCRC, PSO Healthy Start, Daystar Inc., AVPH, Early Head Start, AVHC FD ACT Prenatal Clinic, Valley Child Guidance, Children's Center, Antelope Valley Hospital, PHSD Parent, Care Net, Keppel USD, VCGC, PHFE WIC Program, The Church of Jesus Christ World Changers, L.A. Breastfeeding Task Force, Lancaster School District, Children's Bureau, Birthing Project

## SPA 1 Perinatal Health Indicators

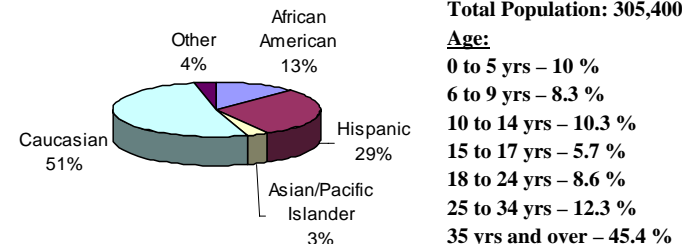
### Antelope Valley Facts-2002

Number of Live Births	4,903
Percentage of Medi-Cal Births	50.4 %
Infant Mortality Rate <sup>1</sup> (per 1,000 live births)	10.6
Low Birth Weight <sup>1</sup>	8.1 %
Preterm Birth <sup>1</sup>	13.3 %
1 <sup>st</sup> Trimester Prenatal Care	84.1 %
Teen Births <sup>1,2</sup> (per 1,000 teen females age 15-19 yrs)	43.5
Repeat Teen Births <sup>1</sup> (per 1,000 teen females age 15-19 yrs)	8.1



1 Selected Perinatal Health Indicators Los Angeles County, 2002. LADHS MCAH  
2 Teenagers in the United States: Sexual Activity, Contraceptive Use, and Childbearing, 2002. USDHS CDC Vital and Health Statistics. <http://www.cdc.gov/nchs/data>

## SPA 1 HBLC Community

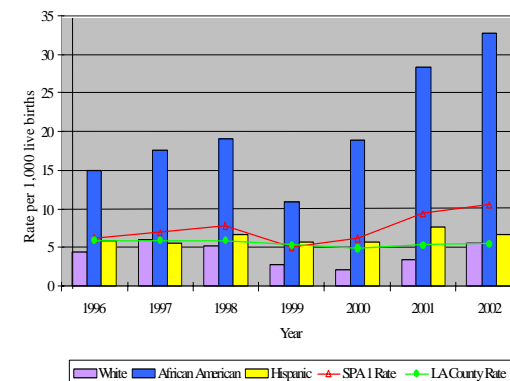


## SPA 1 Perinatal Facts

### Between 1996 and 2002:

- Infant mortality rates increased, mainly due to a two-fold increase in rates among African Americans.
- Preterm births (<37 weeks gestation) increased from 10.7% to 13.3%.
- African American and Asian/Pacific Islander families experienced the largest increase in preterm birth rates.
- Both infant mortality and preterm birth rates for SPA 1 exceeded those for Los Angeles County as a whole.

Infant Mortality per 1,000 Live Births by Race-Ethnicity, Antelope Valley (SPA 1) 1996-2002



## AV Network for Healthy Families Desired Results and Actions

### Access

- Increase number of CPSP providers
- Increase number of prenatal care providers
- Improve quality of prenatal care
- Increase direct services available for pregnant women
- Increase number of home visiting services
- Improved mental health –especially prior to pregnancy

### Education

- There will be a teen specific education campaign
- All women in the AV will be reached by education & outreach campaigns
- To increase male knowledge & involvement about pregnancy and parenting
- Implement classes for males to educate them on positive parenting skills

### Advocacy

- Assess key areas of concern, barriers to accessing/utilizing health programs/services in AV
- Identify pregnant women who are will to advocate for change
- Advocate for improved nutrition in hospitals, public agencies serving food, and WIC partnerships
- Breastfeeding advocacy in all AV Network activities

### Actions

- Work with teens to develop and implement a teen nutrition curriculum for schools
- Work with local businesses to place sex education and pregnancy prevention materials in locations teens frequent
- Work with local employers to establish breastfeeding education/support groups available in the workplace
- Provide healthy pregnancy information at all pregnancy testing centers
- Develop and implement healthy lifestyle rallies at middle and high schools
- Present brief educational messages at sporting events