



Center for Healthy Births

Building Blocks for Better Babies

Antelope Valley Network for Healthy Families **A Healthy Births Learning Collaborative**

Meeting Location:

Antelope Valley Hospital Imaging Center
South Campus

→ **Note: Meeting will be held in room 203 2nd floor.**

January 4, 2006

8:30A – 10:30A

Meeting Notes

Welcome and Introductions

LABBC-Center for Healthy Births Update

- Details of the commitments made by health care leaders at the Perinatal Summit will be forthcoming.
- LABBC Center for Healthy Births has a listserv that can connect and update you and your organization with their announcements. If interested please sign up at: www.LABestBabies.org.

Business: Time of meeting

- The group discussed that meeting at 8:30am was too early. Therefore the time of the meeting has been changed to 9:00am-10:30am, to accommodate members.

Nominate Potential Co-Chairs

- Nicki Brown of the Children's Center of the Antelope Valley was nominated to be a co-chair for 2006-2007. Ms. Brown accepted the nomination. She along with Miesha Council will be the official co-chairs for the 2006-2007 Year.

Discussion: Action Plan

- To compliment the Healthy Births Fair, members also decided to work in conjunction with the Antelope Valley Best Babies Collaborative in developing a master schedule of all classes (parenting, breastfeeding, anger management, support groups, etc.) available in the Antelope Valley. This tool will be available online and also in print. For further information, see attached action plan document.



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Healthy Births Fair Update

- Nicki Brown updated the group on who were the committee chairs for each division of the fair, and supplied members with a handout. If anyone is interested in volunteering in one of the areas please let Nicki or Tomi know.
- We are planning on having two simultaneous work shops running at all times during the fair covering different topics. Possible workshops include:
 - AV Hospital: Lactation/Breastfeeding
 - WIC: Nutrition
 - BIH: Role of Men
 - SPA 1/CPC Healthy Births Forum
 - La Leche League: Attachment Parenting
 - DHS
 - Charles Avila
 - Ladies First Fitness

Next Steps

- Update Healthy Births Flyer in English
- Translate Healthy Births Flyer in Spanish
- Decide on the type of messages that we will be sending to the women and families attending the fair

Announcements

- Antelope Valley Women's Conference 200 will be on Friday, April 7, 2006. For more information please contact Lea Butterfield at: (661) 726-6450
- On January 28th at the Essex House the youth of the Antelope Valley will be celebrated. Tickets are \$40.00 which includes a full dinner.

Our next meeting will be on Wednesday, February 1, 2006 from 9:00am-10:30am