



**Healthy Births Learning Collaborative  
SPA 2**

**January 26, 2006**

Meeting Location:

North East Valley Health Corporation  
1172 N. Maclay Ave.  
San Fernando, CA 91340  
Building B/Board Room

9:00 AM – 11:00 AM

**Meeting Notes**

**Meeting Purpose:** 1) To develop ground rules 2) To develop a vision statement

**Co-Chair:** Demitra Adams

**Co-Chair:** Rebecca Pastrana-Sheng

**Agenda**

**1. Welcome**

Introductions  
Icebreaker

**2. Business**

LABBC – Center for Healthy Births Update

- The LABBC-Center for Healthy Births has changed its' name to "LA Best Babies Network"
- LA Best Babies Network now hosts online forums for each HBLC. The forums are another tool to use for communication between HBLC members and the community. <http://www.labbc.org/forums>
- Perinatal Summit Recommendations handout was given to members to help summarize the recommendations.

Program Showcase

- North East Valley Health Corporation: Ms. Rebeca Pastrana-Sheng showcased her organization the North East Valley Health Corporation. The mission of NEVHC is to:  
Provide comprehensive, high-quality and safe health care services to the residents of Los Angeles County, particularly in the San Fernando and Santa Clarita Valleys with special concern for medically under-served and low income populations. Services are delivered in a manner that is sensitive to the economic, cultural and

# LA BEST BABIES NETWORK



Healthy Babies. Our Future.

*Presented by First 5 LA*

social needs leadership in the areas of health care delivery and health professional training, research, and health education, advocates for health services and pursues dynamic health care programs to meet the needs of the community.

### 3. Discussion

Develop Ground Rules

The group brainstormed together and came up with the following ground rules for each meeting:

- Start on Time
- End on Time
- Respect Everyone's Opinion
- Cherish Diversity
- Encourage Members to Share Ideas
- There is no Such thing as a Dumb Question
- Keep an Open Mind
- Always Have a Clear Purpose for the Meetings
- Listen and Process what other People are Saying?
- Use a Common Language
- All Ideas re Accepted During Brainstorming without Criticism of Judgment
- Celebrate Success
- Verbally Reach Consensus
- Decisions are reached by majority rules

Why are We Here?

Group members discussed various reasons of why they are at the SPA 2 HBLC meetings.

<ul style="list-style-type: none"><li>○ Prenatal Education</li><li>○ Finding out the greatest need in SPA 2 and where the SPA 2 HBLC can have the greatest impact</li><li>○ To share results of LAMB survey and Project Hope</li><li>○ Networking*</li><li>○ To learn education to bring back to families served</li></ul>	<ul style="list-style-type: none"><li>○ To promote healthy births outcomes*</li><li>○ To come up with measurable objectives that benefit families</li><li>○ To promote the acceptance of breastfeeding</li></ul> <p>* Topic was mentioned several times</p>
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### Develop Vision Statement

The group brainstormed for our vision statement and ended up creating an interim mission statement. This statement is not yet completed, as at the next meeting the group will add goals to this statement. The interim mission statement is as follows:

“Every woman and her family in the San Fernando and Santa Clarita Valleys is educated before, between and beyond pregnancy to ensure a healthy births outcome.”

### 5. Next Steps

- Our next meeting will be on March 21, 2006, at North East Valley Health Corporation in Van Nuys. The address is:  
7138 Van Nuys Boulevard  
Van Nuys, California 91405  
9:00am-11:00am  
Please park in the rear
- At our next meeting there will be a presentation by the Department of Health and CTIS Pregnancy Services. There will also be a presentation from the LA Best Babies Network to introduce members to the Network.
- The group will continue to work on establishing goals to complete our mission/vision statement. This will help foster ideas for an action plan.
- To bring a colleague to the next meeting!

### 6. Adjournment