



**Healthy Births Learning Collaborative
 SPA 6**

August 24, 2005

T.H.E. CLINIC

3860 W. Martin Luther King Blvd.

Los Angeles, CA 90008

The Merriott Room

Meeting Notes

9:30 a.m. – 11:30 a.m.

Meeting Purpose: 1) To Continue Action Plan Discussion 2) Perinatal Summit Planning

Co-Chair: Anthony Young

Co-Chair: Linda Baltierra

Co-Chair: Tamara Walker

1. Introductions and Icebreaker

The Center for Healthy Births staff facilitated an icebreaker with the SPA 6 meeting members.

2. Business

a) Action Plan discussion

b) Center for Healthy Births Perinatal Summit Planning

Ms. Tonya Gorham, Policy coordinator for the Center for Healthy Births, conducted an activity on Potential Policy Changes to prepare us for the Perinatal Summit that the CHB is co-hosting on October 24-25, 2005.

The discussion focused on the Top Three Priorities list created in May 25, 2005 by SPA 6 HBLC members.

Top Three Priorities:

- 1. Dads/ Men/ Boys**
- 2. Teen Pregnancy**
- 3. Sex**

Under each category the group identified resources as well as potential policy changes for the health care leaders invited to the Perinatal Summit.

Priorities	Action	Policy
Dads/ Men/ Boys <ul style="list-style-type: none"> ▪ Support Services ▪ Education Services <ol style="list-style-type: none"> 1. early career development 	Dads/ Men/ Boys <ul style="list-style-type: none"> ▪ Identifying resources ▪ School programs ▪ Mentorship and development groups 	Dads/ Men/ Boys <ul style="list-style-type: none"> ▪ Male support programs <ol style="list-style-type: none"> a) hospitals ▪ Access to healthcare for men



<p>2. skill building</p> <ul style="list-style-type: none"> ▪ Responsibility ▪ Opportunities to talk e.g. Monthly Dad groups ▪ Building a sense of value ▪ Family support ▪ Men: How do they access the healthcare system <p>Long Term Life Development:</p> <ul style="list-style-type: none"> ▪ Seeing themselves as a part of: home, society, etc. Support for young boys ▪ Mentorship and development e.g. Boys to men program routed throughout society “the norm” Start early e.g. preschool ▪ More opportunities for physical activity within schools and community School need to reinstate physical activity and music (school based programs) ▪ Acknowledge the role of the parents. <p>Teen Pregnancy: Encourage support services</p> <ol style="list-style-type: none"> a) life after the baby is born b) both for the mother and father 	<ul style="list-style-type: none"> ▪ Clubs and future building opportunities <p>“step by step” approach beginning very early</p> <ul style="list-style-type: none"> ▪ Skill building for parents ▪ Look at organizations that give teens and teach teens about empowerment e.g. ▪ YMCA ▪ Girl Scouts / Boys Scouts ▪ Big Brothers / Big sisters ▪ Events for Teens. 	<ul style="list-style-type: none"> ▪ Self Esteem/ Role in society ▪ Programs for boys <ol style="list-style-type: none"> 1. schools 2. churches 3. community 4. funding ▪ Sports/Physical education programs e.g. music, and arts ▪ Client Focused services ▪ Funding for mental health services etc. ▪ Seamless services <p>Teen Pregnancy:</p> <ul style="list-style-type: none"> ▪ Resources/support for pregnant teens and teen fathers ▪ Education for parents of pregnant teens (caregiver) ▪ Support system ▪ Father rights ▪ Awareness and education ▪ All teen pregnancies should be considered high risk management ▪ Special focused in CM or father ▪ Services available to both <p>Sex:</p> <ul style="list-style-type: none"> ▪ Education ▪ Awareness ▪ Alternatives ▪ Schools, churches, healthcare organizations ▪ Value statements ▪ Girl scouts and national organizations.
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<ul style="list-style-type: none">▪ Education for grandparents and future grandparents<ol style="list-style-type: none">1. Care giver2. giving their children space to grow to become a parent3. needing to know how to help their children transition to adulthood <p>Father's Rights Educating teens about their legal rights Prevention</p> <p>Sex:</p> <ul style="list-style-type: none">▪ Prevention▪ Awareness▪ Education▪ Self-Esteem, self pride▪ Alternatives/ Having other options for entertainment▪ Partners – schools, churches, CBO'S▪ Early sex education, starting in elementary schools▪ Puberty▪ Partnering with organizations e.g. Girls scouts Boy scouts Big brothers		
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4. Healthy Births Through Healthy Communities

Town Hall: A Call to Action

Ms. Elena Halpert-Schilt, gave us an update on the Town Hall: a Call to Action, and the Perinatal Summit.



Center for Healthy Births

Building Blocks for Better Babies

The LABBC Center for Healthy Births is currently planning an event called "Healthy Births Through Healthy Communities Town Hall": A Call to Action, scheduled for Thursday, September 22, 2005 from 8:30 a.m. – 1 p.m. The event's purpose is to assemble together all HBLC members, current and prospective, to build excitement and momentum about the HBLC movement and to establish a community-defined set of perinatal priorities. Additionally, we will be bringing together approximately 300 staff members from Los Angeles County.

Perinatal Summit: The Center has partnered with the Department of Health Services, Maternal, Child and Adolescent Health Programs and the March of Dimes to host the Perinatal Summit - "Healthy Births Through Healthy Communities: Connecting Leadership to Achieve a Unified Commitment to Action." Dates; October 24, and 25, 2005.

Purpose:

The partners are hosting this two-day summit with the goals of engaging communities, connecting leadership, building sustainable policies and achieving a unified commitment to action.

5. Next Steps

We will not be meeting during September and October due to the Town Hall and Perinatal Summit. Our next meeting is schedule on November 16, 2005 tentatively at T.H.E. clinic.

6. Announcements

7. Adjourn