

Harbor Corridor
Best Babies Collaborative

Referral Source Manual

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General Primary Care

Resources	Address	Zip Code	Phone Number	Description
California Hospital Medical Center: Women's Health Center	1401 S. Grand Ave. Los Angeles	90015	213-742-5745	Services for adults, children, and also prenatal care.
Centinela Freeman Medical Center	333 N. Prairie Ave. Inglewood	90301	310-674-7050	
Central City Community Clinic	5970 S. Central Ave. Los Angeles	90011	323-234-3280	Services for adults and children.
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	Gynecological Services, Family Planning, Nutrition counseling, prenatal classes. Well baby exams. Dental Services.
LAC/USC	1240 N. Mission Rd. Los Angeles	90033	323-226-2622	Services for adults and children
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1600	Comprehensive services available; primary care, dental & mental health
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	Comprehensive services available; primary care, dental & mental health
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	Comprehensive services available; primary care, dental & mental health
South Central Family Health Center	4425 S. Central Ave Los Angeles	90011	323-908-4200 323-908-4201	Services for adults and children
T.H.E. Clinic	3860 W. Martin Luther King Blvd Los Angeles	90008	323-295-6571	Services for adults and children
UMMA Community Clinic	711 W. Florence Ave. Los Angeles	90044	323-789-5610	Bilingual; Hrs: T, Th, F 9am-5pm, W 9am-12pm Adults; W, Sat. 9am-5pm Pediatrics; Teen Clinic every 3 rd Saturday of the month
Hubert H. Humphrey Comprehensive Center	5850 S. Main St. Los Angeles	90003	323-846-4312	Offers primary, dental and urgent care for adults and children
KHEIR Health and Social Services Center	266 Harvard Blvd., 3 rd floor Los Angeles	90004	213-637-1070	Provides primary care for adults
QueensCare Family Clinics-Wlshire Center	3242 W. 8 th St. Los Angeles	90005	213-368-9779	Primary care, OB/GYN, pediatrics, and dental
Koryo Health Foundation	1058 S. Vermont Ave. Los Angeles	90006	213-380-8833	Primary care, OB/GYN, pediatrics
H. Claude Hudson Comprehensive Health Center	2829 S. Grand Ave. Los Angeles	90008	1-800-383-4600	Primary care for children and adults
Chinatown Service Center	767 N. Hill St., Suite 200 Los Angeles	90012	213-808-1718	Offers general medical and dental services for children and adults
California Family Care Medical Group	1414 S. Grand Ave.	90015	213-743-9000	Primary care for adults and children
Weingart/JWCH Medical Group	515 E. 6 th St. Los Angeles	90021	213-622-2639	Primary care for adults
QueensCare Family Clinics-Echo Park	150 N. Reno St. Los Angeles	90026	213-622-2639	Primary care and dental for children and adults
QueensCare Family Clinics-Hollywood	4618 Fountain Ave.	90028	323-953-7170	Primary care and dental for children and adults

Clinica Monsignor Oscar Romero	123 S. Alvarado St. Los Angeles	90057	213-989-7700	Primary care, dental for children and adults
JWCH Women's Health Center	3620 Martin Luther King Blvd. Los Angeles	90057	310-638-9007	Primary care for women

Prenatal Care

Resources	Address	Zip Code	Phone Number	Description
California Hospital Medical Center	1401 S. Grand Ave. Los Angeles	90015	213-742-5693	
Centinela Freeman Medical Center	333 N. Prairie Ave. Inglewood	90301	310-674-7050	Referrals must come from Primary Care Physicians only
Central City Community Clinic	5970 S. Central Ave. Los Angeles	90011	323-234-3280	
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	
LAC/USC	1240 N. Mission Rd. Los Angeles	90033	323-226-2622	Referrals must come from Primary Care Physicians only
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1600	Medical and dental services, pre-school, parent workshops, psychological counseling
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	Medical and dental, prenatal education, support groups
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	Medical and dental, prenatal education, support groups
South Central Family Health Center	4425 S. Central Ave Los Angeles	90011	323-908-4271 323-908-4272 323-908-4230	
T.H.E. Clinic	3860 W. Martin Luther King Blvd Los Angeles	90008	323-295-6571	

Genetic Counseling

Resources	Address	Zip Code	Phone Number	Description
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California Hospital Medical Center	1401 S. Grand Ave. Los Angeles	90015	213-742-5693	
Centinela Freeman Medical Center	333 N. Prairie Ave. Inglewood	90301	310-674-7050	Centinela Freeman offers genetic testing and counseling.
LAC/USC	1200 N. State Street Los Angeles	90033	323-226-2622	Referrals must come from Primary Care Physicians only
Lili Clare Family Resource Center at UCLA Medical Genetic Clinic	2800 28th Street, Suite 160 Santa Monica, CA	90405	310-206-1362 310-206-6581	A nonprofit organization that benefits people born with neurogenetic disorders such as Williams Syndrome, Down Syndrome and Autism, while providing resources and assistance to the families who love them.

OB/GYN Care

Resources	Address	Zip Code	Phone Number	Description
California Hospital Medical Center	1401 S. Grand Ave. Los Angeles	90015	213-742-5693	
Centinela Freeman Medical Center	333 N. Prairie Ave. Inglewood	90301	310-674-7050	Centinela Freeman offers a full range of OB services at both the Memorial and Centinela campuses. Services range from education to neonatal intensive care services.
Central City Community Clinic	5970 S. Central Ave. Los Angeles	90011	323-234-3280	
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	
LAC/USC	1240 N. Mission Rd. Los Angeles	90033	323-226-2622	Provides high quality obstetrical and gynecological care, Referrals must come from Primary Care Physicians only
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1400	Offers a full range of OB/GYN services
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	Offers a full range of OB/GYN services
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	Offers a full range of OB/GYN services
South Central Family Health Center	4425 S. Central Ave Los Angeles	90011	323-908-4200 323-908-4201	
T.H.E. Clinic	3860 W. Martin Luther King Blvd Los Angeles	90008	323-295-6571	

Family Planning

Resources	Address	Zip Code	Phone Number	Description
California Hospital Medical Center	1401 S. Grand Ave. Los Angeles	90015	213-742-5693	
Centinela Freeman Medical Center	333 N. Prairie Ave. Inglewood	90301	310-674-7050	
Central City Community Clinic	5970 S. Central Ave. Los Angeles	90011	323-234-3280	
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	
LAC/USC	1240 N. Mission Rd. Los Angeles	90033	323-226-2622	Referrals must come from Primary Care Physicians only
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1400	Interconception care, family planning
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	Interconception care, family planning
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	Interconception care, family planning
South Central Family Health Center	4425 S. Central Ave Los Angeles	90011	323-908-4200 323-908-4201	
T.H.E. Clinic	3860 W. Martin Luther King Blvd Los Angeles	90008	323-295-6571	

Health Education/ Class Resources

Resources	Address	Zip Code	Phone Number	Description
California Hospital Medical Center	1401 S. Grand Ave. Los Angeles	90015	213-742-5693	
Centinela Freeman Medical Center	333 N. Prairie Ave. Inglewood	90301	310-674-7050	Childbirth preparation classes, Parenting Classes
Central City Community Clinic	5970 S. Central Ave. Los Angeles	90011	323-234-3280	Prenatal classes, birth control, STD and Lamaze classes
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	Offers a variety of classes that are usually free; are in English and Spanish
Coalition for Community Health	3655 S. Grand Ave. Suite 260 Los Angeles	90007	213-748-7123	Asthma and indoor allergen control, lead poisoning prevention (call ext. 327 to schedule presentation), nutrition education and exercise classes for Latina women and children (call ext.238 for more information), education on health coverage
LAC/USC	1240 N. Mission Rd. Los Angeles	90033	323-226-2622	Classes range in topics
Maternal and Child Health Access	1111 W. 6 th Street, Suite 400 Los Angeles	90017	213-749-4261	Breastfeeding support groups, various other classes given
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1400	Classes regarding the following topics: prenatal care, diabetes, cholesterol, sexually transmitted infections and asthma
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	Classes regarding the following topics: prenatal care, diabetes, cholesterol, sexually transmitted infections and asthma
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	Classes regarding the following topics: prenatal care, diabetes, cholesterol, sexually transmitted infections and asthma
South Central Family Health Center	4425 S. Central Ave Los Angeles	90011	323-908-4222 323-908-4233 323-908-4234	Education in disease management, parenting, family planning, domestic violence, asthma, cholesterol, diabetes, nutrition, etc.
T.H.E. Clinic	3860 W. Martin Luther King Blvd Los Angeles	90008	323-295-6571	Pregnancy Basics, Delivery and Beyond, New Parents, Nutrition and Health, Child Safety and diabetes
Asthma and Allergy Foundation of America	5900 Wilshire Blvd. Los Angeles	90036	323-937-7859	References to doctors & information about asthma and allergies. Camps for asthmatic children and educational materials.
AAFA/LAC-USC Breathmobile	Various	Various	Breathmobile#1: 323-640-9670 Breathmobile#2: 323-640-1606 Breathmobile#3: 323-640-6652 Breathmobile#4:	Doctors who specialize in asthma provide services to kids with asthma and allergies. Mobile clinics provide asthma diagnoses, treatment, medication and education in schools. Services are free only if you DO NOT have a health plan
Parenting Institute, Inc.	3671 Stocker St., Suite 211	90008	(323) 295-2060	12 week course based on the following topics: raising children, infant development, recognizing child abuse, stress management for parents
Children's Institute Int'l	711 S. New Hampshire Ave. Los Angeles	90005	213-385-5100	Free classes in English & Spanish; various types of classes given; therapeutic childcare, "Starting Over" program for parents who use drugs and their children, Children and Family Assessment Center, "Fatherhood Project", "Grandmother's House" (counseling, support groups for relatives and children)

Mental Health

Resources	Address	Zip Code	Phone Number	Description
California Hospital Medical Center	1401 S. Grand Ave. Los Angeles	90015	213-742-5693	
Centinela Freeman Medical Center	333 N. Prairie Ave. Inglewood	90301	310-674-7050	
Central City Community Clinic	5970 S. Central Ave. Los Angeles	90011	323-234-3280	Individual counseling with a psychologist that is there once a week.
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	Services include psychiatrists, psychologists and group therapy for children. Walk-ins welcome.
LAC/USC	1200 N. State Street Los Angeles	90033	323-226-2622	Psychological counseling for teens and adults, groups for depression and anxiety
St. John's Well Child & Family Center	5701 S. Hoover St., Los Angeles	90037	323-541-1400	Individual counseling, group sessions for adults and children
St. John's Well Child & Family Center	515 W. 27 th St., Los Angeles	90007	213-749-0947	Individual counseling, group sessions for adults and children
St. John's Well Child & Family Center	2115 N. Wilmington Ave., Los Angeles	90222	310-603-1322	Individual counseling, group sessions for adults and children
South Central Family Health Center	4425 S. Central Ave Los Angeles	90011	323-908-4200 323-908-4201 323-908-4288	Referral via in-house provider only
T.H.E. Clinic	3860 W. Martin Luther King Blvd Los Angeles	90008	323-295-6571	
The Coalition of Mental Health Professional, Inc.	9130 S. Figueroa St. Los Angeles	90003	323-777-3120	The coalition provides individual, family, and group counseling, domestic violence classes, parenting classes, psychological evaluation, individual , and family counseling for victims of domestic violence
El Camino at Emanuel Presbyterian Church	3300 Wilshire Blvd. Los Angeles	90010	323-939-6355	Individual, couples, family, group sessions
Nogales Psychological Counseling, Inc.	3550 Wilshire Blvd. Suite 670 Los Angeles	90010	213-413-7777	Individual psychological counseling
Loved Ones of Homicide Victims	9317 S. Budlong Ave. Los Angeles	90044	323-292-5682	Free (no longer a working number)
Kendren Community Mental Health Center	4211 S. Avalon Blvd. Los Angeles	90011	323-233-0425	The center provides inpatient and outpatient mental health services and welfare-to-work support services. Bilingual Hrs: M-F 8:30am-5pm.
Didi Hirsch, Manchester Center	1328 W. Manchester Ave., Los Angeles	90044	323-778-9593	Individual and family therapy, treatment for child abuse, attempted suicide, depression. Bilingual, Hrs: 9am-8pm, cost depends on income
Compass House	2335 Portland St. Los Angeles	90007	213-747-8470	The agency provides mental health services, residential mental health services, welfare-to-work support services for low-income adults, children, and adolescents. Hrs: M-Sun, 24 hours per day.
Didi Hirsch Community Mental Health	672 S. Lafayette Park Place Los Angeles	90026	213-381-3626	Services for adults charged per patient income; services for children via Medi-Cal only
Hollywood Sunset Free Clinic	1404 Micheltorena St., Los Angeles	90026	323-661-0781	Counseling for individuals, couples, families, and youth through the "LA Bridges" program
LA County DMH Compton Mental Health Center	921 E. Compton Blvd., Compton	90221	310-668-6800	Therapy and counseling services; walk-in appointments, sliding scale payment; all insurance accepted
LA County DHS Augustus F. Hawkins Comprehensive Mental Health Center	1720 E. 20 th St. Los Angeles	90059	310-668-6008	No waiting list, services are provided to the undocumented, all insurance accepted, sliding scale payment and crisis services available
LAUSD Mental Health Center	439 W. 97 th St. Los Angeles	90003	323-754-2856	Services provided for children up to years in or around LAUSD school. No

				waiting list, services provided for undocumented individuals, Medi-Cal ONLY and no crisis services available
Kaiser Permanente Watts Counseling and Learning Center	1465 103 rd St. Los Angeles	90002	323-564-7911	Waiting list, services provided to undocumented, free services and crisis services available
Los Angeles Child Guidance Clinic-Exposition Park site	3738 S. Vermont Ave., Los Angeles	90007	323-766-2345	Out patient mental health diagnostics and treatment services for severely emotionally disturbed children, ages 3 month-21 years and their families
Star View Community Services-Compton Office	1055 W. Victoria St., Compton	90220	310-868-5375	Waiting list, no services provided for undocumented individuals, Medi-Cal only, no crisis intervention
Para Los Niños	833 E. 6 th St. Los Angeles	90021	213-623-8446	Family support center offering educational enrichment programs, counseling, child care, case management and juvenile crime prevention programs
Amanecer Clinic-Community Counseling Services	1200 Wilshire Ave., Ste. 210 Los Angeles	90017	213-481-1347	Counseling, therapy and psychiatry for adults and kids
Harbor-UCLA Medical Center	1000 W. Carson Street, Torrance	90509	310-222-3151	Walk-in services available. Individual and group counseling, depression and anxiety
The Institute for Multicultural Counseling & Educational Services	3580 Wilshire Blvd., Suite 2000	90010	213-381-1250	Individual and group counseling for domestic violence, sexual abuse, anger management. Parenting classes also available. These programs are approved to be court-ordered.
Family Services Agency	1360 N. St. Andrews	90028	323-469-5893	Individual counseling, marriage counseling, group therapy for children. Walk-ins welcome. Bilingual services available.

Outreach

Resources	Address	Zip Code	Phone Number	Description
California Hospital Medical Center	1401 S. Grand Ave. Los Angeles	90015	213-742-5693	
Centinela Freeman Medical Center	333 N. Prairie Ave. Inglewood	90301	310-674-7050	Centinela Freeman engages in community outreach efforts with the objective of getting women physicians early in their pregnancy.
Central City Community Clinic	5970 S. Central Ave. Los Angeles	90011	323-234-3280	
Coalition for Community Health	3655 S. Grand Ave. Suite 260 Los Angeles	90007	213-748-7123	Information and resources on types of health plans and eligibility, information on asthma and lead poisoning and enrollment in asthma program
COPE	2400 S. Flower Street 4 th Floor Los Angeles	90007	213-259-0245	Support groups, health education, mentorship and tutoring programs
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	
Esperanza Community Housing	2337 Figueroa Street Los Angeles	90007	213-748-7285	
LAC/USC	1200 N. State Street Los Angeles	90033	323-226-2622	
Maternal and Child Health Access	1111 W. 6 th Street, Suite 400 Los Angeles	90017	213-749-4261	Aimed at assisting women and families with health care coverage, public benefits, domestic violence, housing and other issues
PHFE-WIC Program	1649W. Washington Blvd. Los Angeles	90006	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
PHFE-WIC Program	1836 W. Imperial Hwy Los Angeles	90047	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
PHFE-WIC Program	1414 S. Grand Ave, 2 nd Floor Los Angeles	90015	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
PHFE-WIC Program	2300 Hope St., Suite 700 Los Angeles	90007	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
PHFE-WIC Program	3667 Crenshaw Blvd. Los Angeles	90016	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
PHFE-WIC Program	4100 W. Pico Blvd. Los Angeles	90019	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
PHFE-WIC Program	6918 S. Western Ave. Los Angeles	90047	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
PHFE-WIC Program	100 S. Market Street Inglewood	90301	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
PHFE-WIC Program	2120 W. 8 th Street	90057	888-942-2229	WIC provides nutrition education,

	Los Angeles			breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1400	Health education, free classes, enhanced case management
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	Health education, free classes, enhanced case management
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	Health education, free classes, enhanced case management
South Central Family Health Center	4425 S. Central Ave Los Angeles	90011	323-908-4233 323-908-4234	Health education, free classes, enhanced case management
T.H.E. Clinic	3860 W. Martin Luther King Blvd Los Angeles	90008	323-295-6571	

Case Management

Resources	Address	Zip Code	Phone Number	Description
Central City Community Clinic	5970 S. Central Ave. Los Angeles	90011	323-234-3280	
Coalition for Community Health	3655 S. Grand Ave. Suite 260 Los Angeles	90007	213-748-7123	Case Management through asthma program for low-income children in 90037 and 90044 includes referrals to medical, social, and legal services, educational home visits, home assessment and 6 month follow up
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	
LAC/USC	1240 N. Mission Rd. Los Angeles	90033	323-226-2622	Case management for inpatient and social services, SSI nurse, MD from Weingart , homeless, recup care program, repeated ER visits for primary care, cancer case management-make sure they come for appt.'s, outpatient case management, outpatient follow-up
Maternal and Child Health Access	1111 W. 6 th Street, Suite 400 Los Angeles	90017	213-749-4261	Comprehensive case management for low-income, high-risk pregnant and parenting women, including home visitation
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1400	Prenatal case management offered though CPSP program, asthma case management
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	
South Central Family Health Center	4425 S. Central Ave Los Angeles	90011	323-908-4271 323-908-4272	Case management is offered through our enhanced CPSP program. Home visitation and/or postpartum follow up for an additional 2 years is completed for extremely complex cases.
T.H.E. Clinic	3860 W. Martin Luther King Blvd Los Angeles	90008	323-295-6571	

Pregnancy Test

Resources	Address	Zip Code	Phone Number	Description
California Hospital Medical Center	1401 S. Grand Ave. Los Angeles	90015	213-742-5693	
Centinela Freeman Medical Center	333 N. Prairie Ave. Inglewood	90301	310-674-7050	
Central City Community Clinic	5970 S. Central Ave. Los Angeles	90011	323-234-3280	
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	
LAC/USC	1240 N. Mission Rd. Los Angeles	90033	323-226-2622	
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1400	
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	
South Central Family Health Center	4425 S. Central Ave Los Angeles	90011	323-908-4200 323-908-4201	
T.H.E. Clinic	3860 W. Martin Luther King Blvd Los Angeles	90008	323-295-6571	
UMMA Community Clinic	711 W. Florence Ave. Los Angeles	90044	323-789-5610	Bilingual; Hrs: T-F 9am-5pm no appointment necessary

Nutrition Counseling

Resources	Address	Zip Code	Phone Number	Description
California Hospital Medical Center	1401 S. Grand Ave. Los Angeles	90015	213-742-5693	
Centinela Freeman Medical Center	333 N. Prairie Ave. Inglewood	90301	310-674-7050	
Central City Community Clinic	5970 S. Central Ave. Los Angeles	90011	323-234-3280	
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	
LAC/USC	1240 N. Mission Rd. Los Angeles	90033	323-226-2622	
PHFE-WIC Program	1649W. Washington Blvd. Los Angeles	90006	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
PHFE-WIC Program	1836 W. Imperial Hwy Los Angeles	90047	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
PHFE-WIC Program	1414 S. Grand Ave, 2 nd Floor Los Angeles	90015	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
PHFE-WIC Program	2300 Hope St., Suite 700 Los Angeles	90007	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
PHFE-WIC Program	3667 Crenshaw Blvd. Los Angeles	90016	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
PHFE-WIC Program	4100 W. Pico Blvd. Los Angeles	90019	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
PHFE-WIC Program	6918 S. Western Ave. Los Angeles	90047	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
PHFE-WIC Program	100 S. Market Street Inglewood	90301	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
PHFE-WIC Program	2120 W. 8 th Street Los Angeles	90057	888-942-2229	WIC provides nutrition education, breastfeeding support, referrals, and food checks to pregnant, breastfeeding and postpartum women, and children under 5 years of age.
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1600	
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	
South Central Family Health Center	4425 S. Central Ave Los Angeles	90011	323-908-4200 323-908-4201 323-908-4222	

T.H.E. Clinic	3860 W. Martin Luther King Blvd Los Angeles	90008	323-295-6571	
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Dental Care

Resources	Address	Zip Code	Phone Number	Description
Central City Community Clinic	5970 S. Central Ave. Los Angeles	90011	323-234-3280	
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	
LAC/USC	1200 N. State Street Los Angeles	90033	323-226-2622	
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1600	Dental care for adults and children
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	Dental care for adults and children
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	Dental care for adults and children
T.H.E. Clinic	3860 W. Martin Luther King Blvd Los Angeles	90008	323-295-6571	

Delivery Services

Resources	Address	Zip Code	Phone Number	Description
California Hospital Medical Center	1401 S. Grand Ave. Los Angeles	90015	213-742-5693	
Centinela Freeman Medical Center	333 N. Prairie Ave. Inglewood	90301	310-674-7050	
LAC/USC	1240 N. Mission Rd. Los Angeles	90033	323-226-2622	Referrals must come from Primary Care Physicians only

Postpartum Care

Resources	Address	Zip Code	Phone Number	Description
California Hospital Medical Center	1401 S. Grand Ave. Los Angeles	90015	213-742-5693	
Centinela Freeman Medical Center	333 N. Prairie Ave. Inglewood	90301	310-674-7050	
Central City Community Clinic	5970 S. Central Ave. Los Angeles	90011	323-234-3280	
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	
LAC/USC	1240 N. Mission Rd. Los Angeles	90033	323-226-2622	Referrals must come from Primary Care Physicians only
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1600	Examinations and after care available for mothers and babies
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	Examinations and after care available for mothers and babies
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	Examinations and after care available for mothers and babies
South Central Family Health Center	4425 S. Central Ave Los Angeles	90011	323-908-4271 323-908-4272	
T.H.E. Clinic	3860 W. Martin Luther King Blvd Los Angeles	90008	323-295-6571	

Teen Pregnancy

Resources	Address	Zip Code	Phone Number	Description
California Hospital Medical Center	1401 S. Grand Ave. Los Angeles	90015	213-742-5693	
Centinela Freeman Medical Center	333 N. Prairie Ave. Inglewood	90301	310-674-7050	
Central City Community Clinic	5970 S. Central Ave. Los Angeles	90011	323-234-3280	
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	
LAC/USC	1240 N. Mission Rd. Los Angeles	90033	323-226-2622	
PHFE-WIC Program	1649W. Washington Blvd. Los Angeles	90006	888-942-2229	
PHFE-WIC Program	1836 W. Imperial Hwy Los Angeles	90047	888-942-2229	
PHFE-WIC Program	1414 S. Grand Ave, 2 nd Floor Los Angeles	90015	888-942-2229	
PHFE-WIC Program	2300 Hope St., Suite 700 Los Angeles	90007	888-942-2229	
PHFE-WIC Program	3667 Crenshaw Blvd. Los Angeles	90016	888-942-2229	
PHFE-WIC Program	4100 W. Pico Blvd. Los Angeles	90019	888-942-2229	
PHFE-WIC Program	6918 S. Western Ave. Los Angeles	90047	888-942-2229	
PHFE-WIC Program	100 S. Market Street Inglewood	90301	888-942-2229	
PHFE-WIC Program	2120 W. 8 th Street Los Angeles	90057	888-942-2229	
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1600	Support groups and prenatal case management
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	
South Central Family Health Center	4425 S. Central Ave Los Angeles	90011	323-908-4271 323-908-4272 323-232-2673	
T.H.E. Clinic	3860 W. Martin Luther King Blvd Los Angeles	90008	323-295-6571	

Domestic Violence

Resources	Address	Zip Code	Phone Number	Description
Central City Community Clinic	5970 S. Central Ave. Los Angeles	90011	323-234-3280	
LAC/USC	1200 N. State Street Los Angeles	90033	323-226-2622	
Maternal and Child Health Access	1111 W. 6 th Street, Suite 400 Los Angeles	90017	213-749-4261	
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1600	
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	
South Central Family Health Center	4425 S. Central Ave Los Angeles	90011	323-908-4200 323-908-4201 323-908-4272	
The Center Against Abusive Behavior, Inc.	4103 West Adams Blvd., 3 rd floor Los Angeles	90008	213-734-3494	An outpatient mental health clinic, offers a comprehensive approach to the widespread and increasing problem of aggression within the family. A team of professionals in the medical, mental health, and social work fields who have pooled skills in order to deal with domestic violence efficiently and effectively
LA County Help Line (for domestic violence-learn to create safety plan and info about shelters)			800-978-3600	
Public Council, VAWA assistance to settle your immigration status without spouse dependence			213-385-2977	
Domestic Violence Project/Association of LA County lawyers			213-624-3665	
Legal Protection for Women			323-721-9882	
Superior Court of Los Angeles (for a restraining order against an abuser)	111 N. Hill St. Room 245, Dept. 8 Los Angeles	90012		For a restraining order against an abuser: http://www.courtinfo.ca.gov/selfhelp/family/

Policy and Advocacy

Resources	Address	Zip Code	Phone Number	Description
Coalition For Community Health	3655 S. Grand Ave., Los Angeles	90007	213-748-7123	Community mobilization around indoor/outdoor air quality, substandard housing, education, access to care, and other issues.
COPE Health Solutions	2400 S. Flower Street 4 th Floor Los Angeles	90007	213-259-0245	
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	
Maternal and Child Health Access	1111 W. 6 th Street, Suite 400 Los Angeles	90017	213-749-4261	Dental care for pregnant women, access to county health services, expanding health care access and coverage for adults and children, streamlining and coordinating coverage programs, increasing the incidences and longevity of exclusive breastfeeding, child safety, school nutrition, improving the quality of prenatal care, among other topics.
PHFE-WIC Program	1649W. Washington Blvd. Los Angeles	90006	888-942-2229	Neighborhood improvement projects such as a community gardens; advocating for immigrant WIC families who are reluctant to access services.
PHFE-WIC Program	1836 W. Imperial Hwy Los Angeles	90047	888-942-2229	Neighborhood improvement projects such as a community gardens; advocating for immigrant WIC families who are reluctant to access services.
PHFE-WIC Program	1414 S. Grand Ave, 2 nd Floor Los Angeles	90015	888-942-2229	Neighborhood improvement projects such as a community gardens; advocating for immigrant WIC families who are reluctant to access services.
PHFE-WIC Program	2300 Hope St., Suite 700 Los Angeles	90007	888-942-2229	Neighborhood improvement projects such as a community gardens; advocating for immigrant WIC families who are reluctant to access services.
PHFE-WIC Program	3667 Crenshaw Blvd. Los Angeles	90016	888-942-2229	Neighborhood improvement projects such as a community gardens; advocating for immigrant WIC families who are reluctant to access services.
PHFE-WIC Program	4100 W. Pico Blvd. Los Angeles	90019	888-942-2229	Neighborhood improvement projects such as a community gardens; advocating for immigrant WIC families who are reluctant to access services.
PHFE-WIC Program	6918 S. Western Ave. Los Angeles	90047	888-942-2229	Neighborhood improvement projects such as a community gardens; advocating for immigrant WIC families who are reluctant to access services.
PHFE-WIC Program	100 S. Market Street Inglewood	90301	888-942-2229	Neighborhood improvement projects such as a community gardens; advocating for immigrant WIC families who are reluctant to access services.
PHFE-WIC Program	2120 W. 8 th Street Los Angeles	90057	888-942-2229	Neighborhood improvement projects such as a community gardens; advocating for immigrant WIC families who are reluctant to access services.
CalWorks Welfare to Work Program				Assists welfare recipients to obtain or prepare for employment

Breastfeeding Support

Resources	Address	Zip Code	Phone Number	Description
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	
Maternal and Child Health Access	1111 W. 6 th Street, Suite 400 Los Angeles	90017	213-749-4261	Support group is held twice per month for case managed clients and women from the community. Those who attend are followed up throughout the first 12 months after delivery.
PHFE-WIC Program	1649W. Washington Blvd. Los Angeles	90006	888-942-2229	
PHFE-WIC Program	1836 W. Imperial Hwy Los Angeles	90047	888-942-2229	
PHFE-WIC Program	1414 S. Grand Ave, 2 nd Floor Los Angeles	90015	888-942-2229	
PHFE-WIC Program	2300 Hope St., Suite 700 Los Angeles	90007	888-942-2229	
PHFE-WIC Program	3667 Crenshaw Blvd. Los Angeles	90016	888-942-2229	
PHFE-WIC Program	4100 W. Pico Blvd. Los Angeles	90019	888-942-2229	
PHFE-WIC Program	6918 S. Western Ave. Los Angeles	90047	888-942-2229	
PHFE-WIC Program	100 S. Market Street Inglewood	90301	888-942-2229	
PHFE-WIC Program	2120 W. 8 th Street Los Angeles	90057	888-942-2229	
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1600	
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	
South Central Family Health Center	4425 S. Central Ave Los Angeles	90011	323-908-4271 323-908-4272 323-908-4230	
T.H.E. Clinic	3860 W. Martin Luther King Blvd Los Angeles	90008	323-295-6571	

Resources	Address	Zip Code	Phone Number	Description
Central City Community Clinic	5970 S. Central Ave. Los Angeles	90011	323-234-3280	Comprehensive prenatal services; participation optional
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	Comprehensive prenatal services; participation optional
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1600	Comprehensive prenatal services; participation optional
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	Comprehensive prenatal services; participation optional
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	Comprehensive prenatal services; participation optional
South Central Family Health Center	4425 S. Central Ave Los Angeles	90011	323-908-4271 323-908-4272 323-908-4230	Provides prenatal services under CPSP, which includes four assessments. Client participation in our enhanced CPSP is optional.
T.H.E. Clinic	3860 W. Martin Luther King Blvd Los Angeles	90008	323-295-6571	Comprehensive prenatal services; participation optional

AIDS/HIV/STD Care

Resources	Address	Zip Code	Phone Number	Description
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1600	AIDS testing. Bilingual, Hrs: M, W 9am-5pm, Tu, Thu 11a-7pm, F 9am-4pm, Sat. 8am-4pmm, free clinic
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	AIDS testing. Bilingual, Hrs: M, W 9am-5pm, Tu, Thu 11a-7pm, F 9am-4pm, Sat. 8am-4pmm, free clinic
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	AIDS testing. Bilingual Hrs: M, W 9am-5pm, Tu, Thu 11a-7pm, F 9am-4pm, Sat. 8am-4pmm, free clinic
South Central Family Health Center	4425 S. Central Ave. Los Angeles	90011	323-908-4200 323-908-4222 323-908-4201	AIDS testing. Bilingual, Hrs: M, W 9am-5pm, Tu, Thu 11a-7pm, F 9am-4pm, Sat. 8am-4pmm, free clinic
LAC/USC: Comprehensive Maternal - Child/Adolescent Center for Infectious Diseases & Virology	1640 Marengo St., 2nd Floor HRA Building Los Angeles	90033	323- 226-2090 Toll Free/Hotline: 866-278-6989	Provides HIV specialty and primary care, obstetrics, gynecology, high-risk pregnancy/HIV perinatal care, access to clinical trials, HIV testing and counseling, support groups, play and art therapy, nutritional services and health education. Multilingual, Hrs: M-F 8:30am - 4:30pm, free
T.H.E. Clinic	3860 W. Martin Luther King Jr. Blvd. Los Angeles	90008	323-295-6571	Offers medical services, pediatric care, STD diagnosis and treatment, HIV testing and counseling, preventive care, patient education and family planning. Multilingual, Hrs: M-F 8 am-5 pm
AIDS Healthcare Foundation	1414 S. Grand Ave. Ste. 400 Los Angeles	90015	213-741-9726	Services for all stages of HIV. Bilingual; Hrs: M, T, Th, F 8:30-5pm, cost no issue
St. Anthony Medical Center	2515 W. Pico Blvd. Los Angeles	90006	213-384-4555	AIDS/STD testing. Bilingual; Hrs: M-F 9am-6pm, all insurance accepted, Medicare, Medi-Cal
Ruth Temple Health Care	3834 S. Western Ave. Los Angeles	90062	323-730-3507	HIV/STD testing. Bilingual; Hrs: M-W 8am-4:30pm, Th 10am-5pm, F 8am-10:30am, free of cost
Minority AIDS Project	Mobile Testing Van, location varies	Various	323-936-4949	HIV/STD testing, Hrs: M-F 9am-4pm, Sat. by appointment only
BAART/ California Detoxification Program	4920 S. Avalon Blvd., Los Angeles	90011	323-235-5035	HIV/ STD testing, multilingual, Hrs: M-F 7:30am-6pm (walk-in until 3pm), cost depending on income
Manchester Medical Group	617 Manchester Ave. Los Angeles	90044	323-750-9715	HIV/STD testing, bilingual, Hrs: M-F 8:30am- 5:30pm, free w/ family PACT eligibility, all others dependent on insurance/income
L.A. County Health Services: H. Claude Hudson Comprehensive Health Center	2829 S. Grand Ave., Los Angeles	90007	213-744-3945	Provides HIV/AIDS testing. Bilingual, Hrs: M-F 8am-4:30pm

California Hospital Medical Center	1401 S. Grand Ave. Los Angeles	90015	213-742-5693	
Centinela Freeman Medical Center	333 N. Prairie Ave. Inglewood	90301	310-674-7050	
Central City Community Clinic	5970 S. Central Ave. Los Angeles	90011	323-234-3280	
Eisner Pediatric and Family Medical Center	1530 S. Olive Street Los Angeles	90015	213-746-1037	
LAC/USC	1240 N. Mission Rd.	90033	323-226-2622	
South Central Family Health Center	4425 S. Central Ave Los Angeles	90011	323-908-4200 323-908-4201 323-908-4222	

T.H.E. Clinic	3860 W. Martin Luther King Blvd., Los Angeles	90008	323-295-6571	
UMMA Community Clinic	3860 W. Martin Luther King Blvd., Los Angeles	90008	323-789-5610	Bilingual; Hrs: T, Th, F 9am-5pm, W 9am-12pm Adults; W, Sat. 9am-5pm Pediatrics; Teen Clinic every 3 rd Saturday of the month
Curtis Tucker Health Center	123 W. Manchester Blvd., Los Angeles	90301	310-419-5325	Vaccines for children, STD treatment and X-rays

Food Resources

Resources	Address	Zip Code	Phone Number	Description
All People's Christian Center	822 E. 20 th Street, Los Angeles	90011	213-747-6357	Center is open once a month to provide food people who qualify. Bilingual, Hrs: 8:30am- 7:30pm, Fri: 9am- 5:30pm, free
Saint Catherine	8701 S. Vermont Ave., Los Angeles	90044	323-752-3786	Bread and groceries provided. Initial walk-in visits required, after first visit, pick up continues on Fridays. Groceries and bread are available to each client once a month. Bilingual, Hrs: M-F 9am-12pm, free
SHARE California	2515 Beverly Blvd., Los Angeles	90057	213-368-0688	Clients pay \$15/month and do 2 hours of community services to get \$30-\$35/ month of meant, fresh fruit, veggies, pasta, rice, beans. Bilingual, Hrs: M-F 9am-5:30pm
MacArthur Park – Emergency Food Site	2230 W. 6th St. Los Angeles CA,	90057		The center provides emergency food, homeless support services, housing services. Hrs: T, Thu, F 10am-12pm
Estelle Van Meter Multipurpose Center	606 E. 76th St. Los Angeles	90001	323-778-9733	The center provides a variety of services for people of all ages and ethnicities. Hrs: M-F 8am-4:30pm.
Mother Of Sorrows Catholic Church	114 W. 87th St. Los Angeles	90003	323-758-7697	The church provides emergency food for people of all ages who live in Los Angeles zip code 90003, including people who are undocumented. Services are restricted to Los Angeles zip code 90003 residents.
L A County CSS - Florence/Firestone Service Center	7807 S. Compton Ave. Los Angeles	90001	323-586-6502	This center provides emergency food, financial services, legal services, services for older adults and volunteer opportunities in the Florence/Firestone area. The center also houses and coordinates other programs. There are age and geographic restrictions for some services. Hrs: M-F 8am-5pm.
Los Angeles Regional Food Bank	1734 E. 41 st St. Los Angeles	90058-1502	323-234-3030	See website for Pantry Locator : http://lafoodbank.org/ZIP.asp
A Place Called Home	2830 S. Central Ave., Los Angeles	90011	323-232-7653	3 meals a day, healthy snacks, food & clothing distribution site
All People's Christian Center-Social Services	822 E. 20th St. Los Angeles	90011	213-747-6375	ESP program offers groceries 12:30pm-4:30pm. Maximum one a month
Berean Community Services-S.D.A. Community Services	4211 W. Adams Blvd., Los Angeles	90018	323-735-0228	Provides emergency food and clothing on the 1ST and 3rd Thursday 9am-noon. ID required.
Dorcas Community Services/	4211 W. Adams Blvd.,	90018	323-735-0631	Provides food and clothes Thursdays 9am-12pm

Vision Care

Resources	Address	Zip Code	Phone Number	Description
St. John's Well Child & Family Center	5701 S. Hoover Street Los Angeles	90037	323-541-1600	Vision screening. Bilingual, Hrs: M, W 9am-5pm, Tu, Thu 11a-7pm, F 9am-4pm, Sat. 8am-4pmm, free clinic
St. John's Well Child & Family Center	515 W. 27 th Street Los Angeles	90007	213-749-0947	Vision screening. Bilingual, Hrs: M, W 9am-5pm, Tu, Thu 11a-7pm, F 9am-4pm, Sat. 8am-4pmm, free clinic
St. John's Well Child & Family Center	2115 N. Wilmington Ave. Los Angeles	90222	310-603-1322	Vision screening. Bilingual Hrs: M, W 9am-5pm, Tu, Thu 11a-7pm, F 9am-4pm, Sat. 8am-4pmm, free clinic

Child Care

Resources	Address	Zip Code	Phone Number	Description
The Children's Collective	7217 S. Mace Place Los Angeles	90001	323-583-1588	Child care for ages 2.9-5yrs. Wait list. Bilingual, Hrs: 7:30am-5:30pm. Sliding fee scale
Mexican American Opportunity Foundation	7800 Graham Ave., Los Angeles	90001	323-584-1250	Comprehensive child development programs for children birth-5 yrs. Hrs: varies
L.A. Urban League/Head Start	7226 S. Figueroa St., Los Angeles	90003	323-753-2401	Preschool programs services 3-5 yrs. Multilingual, Hrs: 7:30am-7:30pm.
Connections for Children	2701 Ocean Park Blvd., Suite 253 Santa Monica	90405	310-452-3202	Wide ranged service area providing free child care referral and support services to the parent and children. Bilingual.

Housing Resources

Resources	Address	Zip Code	Phone Number	Description
Design Center Housing Services, Inc.	315 W. 9 th St., Suite 410 Los Angeles	90015	213-629-2702	Affordable housing including childcare at some sites. Hrs: M-Th 8am-5:30pm
Pico Union Housing Corp.	1345 S. Toberman St. Los Angeles	90015	213-252-1991	Provides housing for low income persons and families. Bilingual, Hrs: M-F 8am-5pm
Forest City Residential Mgmt	949 S. Hope Street, Suite 100, Los Angeles	90015	213-488-0010	Multi-family housing, Section 8 rentals. Hrs: M-F 8:30am- 5:30pm
LA County Housing Authority			562-347-4663 800-731-4663	County Section 8 housing
City of Los Angeles Housing Authority			213-252-6119	Section 8 housing

Shelter Resources

Access Center of Central Los Angeles: Weingart Center	506 S. Main St. Los Angeles	90013	213-624-3370	Open M-F 8:30am-4:00pm; closed 11:30-1:pm daily; 3:00pm-4pm is by appointment only
Access Center of South Central Los Angeles: Watts Labor Community Action	958 E. 108 th St. Los Angeles	90059	323-563-4730	
La Posada	375 S. Columbia Ave	90017	213- 483-2058	A 2 year program that offers transitional housing. Receives clients 16-25 years-old, with children no older than 8. Client must be currently working or receiving financial assistance.

Alcohol/ Drug Resources

Resources	Address	Zip Code	Phone Number	Description
Central Health Center	241 N. Figueroa Los Angeles	90012	213-240-8223	Drug and Alcohol treatment
Homeless Health Care Center Los Angeles	2330 Beverly Blvd. Los Angeles	90057	213-744-0724	Drug and Alcohol treatment
Avalon-Carver Community Center	4920 S. Avalon Blvd., Los Angeles	90011	323-232-4391	Counseling for individuals and group/family, domestic violence, parenting, support groups, alcohol and drug education, welfare program, GED program. Bilingual, Hrs: M-F 9am-5pm, sliding scale/ability to pay
Alcohol Anonymous: Oficina Central Hispana	2607 S. Van Buren Place Los Angeles	90007	323-735-2089	Self-help meetings in Spanish. Spanish, Hrs: M-F 10am-9pm, Sat 10am-3pm
BAART/ California Detoxification Program	4920 S. Avalon Blvd., Los Angeles	90011	323-235-5035	HIV/ STD testing, multilingual, Hrs: M-F 7:30am-6pm (walk-in until 3pm), cost depending on income
Avalon- Carver Community Center	4920 S. Avalon Blvd. Los Angeles	90011	323-232-4391	Counseling (individual and group/family) domestic violence, parenting, support groups, alcohol and drug education, welfare program, GED program. Bilingual, Hrs: M-F 9am-5pm
Community Coalition for Substance Abuse Prevention and Treatment	8101 S. Vermont Ave., Los Angeles	90044	323-750-9087	Alcohol/Drug abuse treatment. Bilingual, Hrs: M-F 8am-6pm (call for appts./walk-ins), free
1-800-ALCOHOL	354 W. Foothill Blvd. Monrovia	91016	800-252-6465	Private agency providing referrals for alcohol and drug treatment programs
1-800-RELAPSE			800-662-4357	Information and referral to substance abuse programs 24 hour hotline
Shields for Families	12714 S. Avalon Blvd., Suite 300103 Los Angeles	90061	323-242-5000	Outreach and intake services, case management, substance abuse treatment. Mental health services.

Insurance Resources

Resources	Address	Zip Code	Phone Number	Description
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Coalition for Community Health	3655 S. Grand Ave. Suite 260 Los Angeles	90007	213-748-7123	Education on health coverage, enrollment for low-income families in Medi-Cal, Healthy Families, Healthy Kids, Kaiser Permanente Child Health Plan, referrals for enrollment into Queenscare, PPP, ATP/ORSA
Access for Infants/Mothers (AIM)	P.O. Box 15248 Los Angeles	90015	800-433-2611	Maternity, delivery, and infant care insurance services 200-300% below FPL. Mothers must be no more than 30 weeks pregnant. Bilingual, Hrs: 8:30am-7pm
L.A. Care Health Plan	555 West 5 th Street, 29 th Floor Los Angeles	90013	1-888-4LA-KIDS	Healthy Kids, Healthy Families enrollment for low-income families. Bilingual

Other Resource

Resources	Web Address	Description
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Healthy City	www.healthycity.org	Search through the largest database of social services in LA County.
Rainbow Resources Directory	www.resourcedirectory.com	A comprehensive reference tool.
Family Resource Center	www.ramilyresourcecenters.net	A resource for California's family support services

Hotlines/Helplines

Resources	Number	Description
2-1-1	2-1-1	Call 2-1-1 for Health & Human Services. Free and Confidential, 24 hours a day. Multilingual
Info Line of Los Angeles		
Los Angeles County Metro Transportation Authority (MTA)	213-626-4455; 1-800-COMUTE	Bus Schedules and information on routes. Bilingual
Suicide Prevention Help Line	877-727-4747 (English) 888-628-9454 (Spanish)	
1736 Family Crisis Center-Youth Shelter crisis line	310-379-3620 (English) 800-548-2722 (Spanish)	
National Runaway Switchboard	800-621-4000	Line that offers assistance to children that have run away from home and to parents of runaway children
Youth Crisis Line	800-843-5200	
National Hispanic Resource Helpline	800-473-3003	Various resources given
Alcoholics Anonymous (AA)	323-936-4343 (English) 323-735-2089 (Spanish)	
Narcotics Anonymous (NA)	323-933-4343 (English) 888-622-4672 (Spanish)	
Assistance for alcohol and drug users	800-821-4357 (English) 800-662-4357 (Spanish)	
AL-ANON	818-760-7122 or 888-684-6444	
St. John's Well Child & Family Center	213-749-0947	
Community Coalition For Substance Abuse Prevention and Treatment	323-759-9087	Assistance for substance abuse
County line for people suffering from domestic violence	800-978-3600 (Eng./Span.)	Domestic violence concerns
Line for people that are suffering or have suffered from a Sexual Violation or Abuse	800-392-8381 (Eng./Span.)	
Crisis line for people suffering from domestic violence	800-548-2722 310-370-5902 (Eng./Span.)	Domestic violence
LA Commission of Assault Against Women	310-392-8381 213-955-9090 (Eng./Span.)	Domestic violence
Southern California Counseling Center	323-937-5846	Support groups offered

Resources for Immigrants

Resources	Address	Zip Code	Phone Number	Description
Hermana Mexicana Latinoamericana	104 N. Poinsettia Ave. Los Angeles	90221	310-631-5121	Provides legal advice, referrals and assistance for immigrants
CARECEN	Los Angeles		213-385-7800	Provides information, assistance, and references for immigrants
Jenesse Center	Los Angeles		800-479-7328	Domestic violence shelter which has a 30 day program. Upon completion, individuals may be eligible for transitional housing. Must have some form of ID and medical records (if available)
Asociación de Salvadoreños de Los Angeles	660 S. Bonnie Brae St. Los Angeles	90057	213-483-1244	Offers low-cost legal assistance for immigration issues; low-cost classes for children
El Rescate	1501 W. 8 th St., Suite 100 Los Angeles	90017	213-387-3284	Handles legal immigration issues, low-cost services (case dependent), low-cost consults with attorneys
Legal Aid Foundation of Los Angeles-Immigration Unit	1102 Crenshaw Blvd. Los Angeles	90019	800-399-4529	Wide range of legal services for immigrants

Jobs

Resources	Address	Zip Code	Phone Number	Description
Catholic Charities/ St. Mary's Center	4665 Willow Brook Ave., 1 st Floor Los Angeles	90029	323-662-4391	Emergency food assistance, crisis intervention, employment and job training; affordable legal services
Community Center Inc.	7522 S. Vermont Ave. Los Angeles	90044	323-752-2115	ESL classes for newly arrived immigrants, citizenship services, job training programs, employment for youth & adults; counseling, vocational training, resume writing, job club and readiness
El Centro del Pueblo	1800 W. Sunset Blvd. Los Angeles	90026	213-483-6335	Emergency family services, youth services, continuation high school, job training partnership
LA Trade Tech	400 W. Washington Blvd. Los Angeles	90015	213-763-7000	Offers courses and certificates for different specialties including: bookkeeping, business administration, cosmetology, designing, real estate and many more
Job Corps-LA Job Corps Center	1031 Hill St. Los Angeles	90015	213-748-0135	A residential training program for youth ages 16-24 years-old
Abraham Friedman Occupational Center	1646 S. Olive St. Los Angeles	90015	213-745-2013	Offers certificate programs for many careers; fees charged at end of course & cost is course dependent
Figueroa Corridor Community Jobs Program	152 W. 32nd Street	90007	213-745-9961	To prepare people to work that will be available through new developments in the Figueroa Corridor
Access Center of Central Los Angeles	506 S. Main St. Los Angeles	90013	213-624-3370	Bring signed remittance form and an income statement
Access Center of South Central Los Angeles-Watts Labor Community Action	958 E. 108 th St. Los Angeles	90013	323-563-4730	Various resources for low-income individuals
African American Unity Center-Emergency Rescue Unit	944 W. 53 rd St. Los Angeles	90037	323-789-7300	Anyone is eligible to receive services; provides free job training and job placement

