



***Where Babies and Families come first.***

Project of Antelope Valley Partners for Health. Funded by First 5 L A

# **Interconceptional Care Matrix**

	<b>BLACK INFANT HEALTH</b>	<b>EL NIDO</b>	<b>HEALTHY HOMES</b>	<b>KAISER</b>	<b>NURSE-FAMILY PARTNERSHIP</b>
<b>Risk Assessment</b>	The Client Screening Instrument Form is used to assess Black women age 18 or over who are pregnant and/or parenting.	The Lodestar intake Forms are used for adolescent females under 19 years old who are pregnant and/or parenting and males under 21 that are partners in pregnancy and /or parenting.	The Family Assessment Form is used for women with newborns 3 months or below, with medical conditions, poor past pregnancy outcome, those at risk for domestic violence, mental illness and substance abuse.	Any member is illegible for the Teen Clinic. Clients are assessed by a Physician at the Kaiser facility.	To enroll in the program, the client needs to be expecting her first baby, be less than 28 weeks gestation, low income, and live within the Los Angeles County.
<b>Health Promotion</b>	Smart Parents, Healthy Children Booklet, SIDS. And Family Planning information, along with other health related flyers. Referrals include: housing, health care, treatment for substance abuse, employment, child care, etc.....	Health related classes and early prenatal care information along with other health related flyers. Referrals include: housing, family planning education, health care, social welfare, counseling, treatment for substance abuse, employment, child care, etc...	Referrals include: medical/health counseling services, food, housing, shelter, financial, child care, education, employment, etc...	Kaiser Health related classes for Teens. Kaiser flyers and small booklet information.	The clients receive education, support and linkage to services from Public Health Nurses employed by Los Angeles County Department of Health Services.
<b>Medical and Psychosocial Interventions</b>	Social Support and Empowerment Classes and Effective Black Parenting Classes.	Clients assigned to a Cal Learn Program Case Manager acting as a mentor and educator to clients, also short term counseling is provided for crisis that need immediate resolution.	Services are given to those with mental health diagnoses and psychosocial stressors, as well as those with medical conditions.	Kaiser offers several Teen Lectures that includes: (CPR, Breastfeeding, Dietary, Labor Experience, Childbirth, Well/Sick baby, Parenting, Car seat Safety, Contraception, and Domestic Violence).	The nurse home visitors follow a program protocols that focuses on the mother's personal health, quality of care-giving for the child, and the parent's own life-course development.
<b>Outreach and Case Management</b>	Outreach participation in Health Fairs, Yearly healthy birth events, 6 Church Health Ministries. CHOWS to do home and hospital visits, record and follow up Case Management via Green Book that includes: (high risk assessment, outreach contacts, demographics, medical and reproductive history, psychosocial factors, support system, referrals tracking, birth outcomes and SSE care plan).	Outreach is maintaining a good relationship with the community. Case Management via Learn Comprehensive Packet and Lodestar forms includes: (high risk assessment, individual service plan and care plan, health nutrition, education, family planning, pregnancy outcomes. Case Managers are to maintain frequent monthly face to face contacts with clients and children, identify problems, and linkage to services.	Once the Case Manager assess traits or risks within the assessment they provide in home services 2-4 times a month, along with referrals , linkage to resources, advocacy, and provide parenting education and life skills building. Ages and stages Questionnaire conducted to measure child development.	Outreach to the community at local Health Fairs and also Hospital Labor and Delivery Tours are provided to expectant mothers.	Families enrolled in the program receive home visits from a Nurse on a weekly or biweekly basis. Visits begin during pregnancy and continue until the child's second birthday. Comprehensive services include: Personal Health, Environmental Health, Life Course Development, Maternal Role, Family and Friend Support and Health and Human Services.